

CDC defines bullying as unwanted aggressive behaviors by another youth or group of youths, who are not related or in a romantic relationship, and has an obvious power dynamic imbalance. This behavior must be repeated or threated to be repeated.

**Different types of bullying** include physical, verbal, relational, damage to property, and cyberbullying.

1 in 5 teens report being bullied at school, and1 in 6 teens report being cyberbullied.

Visit www.epicbh.org/EPIC-Buzz and watch the Effects of Bullying video for more information.